



## **Our Wellness Collective**

Our Wellness Collective a woman-owned business, believes in the value of recovery coaching to help individuals, families and communities sustain recovery from addiction.

Recovery Coaching is a tool built on the lived experiences of the coach to better support recoverees (including those directly impacted by addiction and those indirectly affected).

Each recovery coach has their own art to offer; Our Wellness Collective helps to draw out those natural abilities and pair them with the science to make the services as effective as possible.

Additionally, Our Wellness Collective contracts and collaborates with business and organizations across the country to advance the field of recovery coaching and foster recovery-oriented systems of care.