



## **Friends of Recovery of Delaware and Otsego Counties Inc.**

(FOR-DO) operates multiple programs for those in recovery from addictions, their friends & family, with a mission of Promoting Addiction Recovery through all available means including Advocacy, Education, and Peer Support.

Programs operated by FOR-DO include 2 Recovery Community and Outreach Centers (The Turning Point Recovery Centers), and 2 Youth Clubhouses (Club Odyssey and The Oneonta Teen Center).

FOR-DO is a grassroots organization that began in 2001 and has been providing recovery services ever since. Our organization has been providing CCAR trainings since 2014.

Sarah Wilson, Peer Services Coordinator, and Benjamin Riker, Outreach Coordinator & Peer Support Specialist are both CCAR certified trainers and often co-train together.

Trainings offered include CCAR's Recovery Coach Academy, CCAR's Ethical Considerations for Recovery Coaches, Narcan Training, and American Red Cross CPR/AED/First Aid training.

Sarah and Ben both pride themselves on being available to those who have taken trainings throughout their certification process and often having the ability to refer trainees to organizations that will allow them to acquire their hours needed for certification.

"Providing a means for those who have a lived experience with addiction & recovery to help others on their recovery journey is the most rewarding thing I could ask for, as a person in recovery myself," says Benjamin Riker, CRPA & CCAR Trainer.