



Stacy Simbrom supports recovery for those effected by mental health and substance disorders and their families. To facilitate this, she founded Healthspan.US in 2015, a (501(c)3), to train and support peer professionals in the field of recovery services on Long Island.

As a New York State Certified Addiction Recovery Coach and New York State Certified Recovery Peer Advocate, she assists people in recovery to create a life in which they are able to fully engage their unique talents in ways that bring them joy.

She helps them to be creative, to develop resilience and to make a difference in this world.

As Founder and Executive Director of Healthspan.US, she is a national instructor for the Connecticut Community for Addiction Recovery (CCAR) as well as a New York State Office of Alcoholism and Substance Abuse Services Education Provider.

Stacy trains individuals and organizations and teaches at Western Suffolk BOCES in Dix Hills. Trainings are for those who wish to assist individuals and families looking to enter - or who are already involved in - recovery from addiction disorders. She helps them to gain the tools and skills needed to support, empower, educate and advocate.

Stacy was awarded the “Women Of Distinction” award in 2017 by New York State Assemblyman Andrew Raia for her work in the field of Addiction Recovery as well as a proclamation from the office of Suffolk County Executive Steve Ballone.

Stacy has also been involved in advocacy and support of our active Military, Veterans and their families, serving on several planning boards and presenting at various associated Wellness Events.

Stacy has done Meditation and Vibrational work on Long Island for Long Island Center for Recovery, THRIVE Recovery Center, Services for the Underserved, Veterans and Families, and the Northport Veterans Hospital.

Trainings offered through:

Healthspan.US 501(c)3

<https://www.healthspan.us/>