



**CONNIE PACHECO**  
**FOUNDER, PRESIDENT**

**Connie Pacheco** is a Latina, born in Puerto Rico reared in the heart of the South Bronx. Connie came into the field of substance abuse in 1987 shortly after successfully completing a 3-year rigorous residential treatment episode. She became a Certified and Substance Abuse Counselor (CASAC) in the State of New York in 1994 and is a recognized Internationally Certified Alcohol and Substance Abuse Counselor. Connie holds a Bachelors of Science with a concentration in Human Services from Empire State College and has a License Masters Degree in Social Work with a Concentration in Community Development from Yeshiva University. She obtained a Family development Leadership Credential in 2010 through Cornell University. Connie is a Certified Addiction Recovery Coach and Peer Advocate. She is an approved OASAS instructor for the Recovery Coach Training. Connie is currently pursuing a Masters Degree in Executive Business Administration from Yeshiva University.

Connie taught CASAC classes for over 15 years under an approved OASAS provider. She is a certified Women Safety Instructor under Englewood Tiger Schulman's Mixed Martial Arts School for the past 19 years. She is a 4th grade certified catechist in her neighborhood parish.

Connie worked in some of the most prestigious programs in NYC in the capacity of Program Director. She brings a multitude of experience, creativity, and commitment. Throughout her tenure in the field, Connie Pacheco has developed a specialization in servicing diverse populations including chemically dependent adults and adolescents, families' co involved with the Child Welfare system and victims of Domestic Violence.

Connie is the proud mother of a 22-year old son, who served in the United States Army National Guard. She recently adopted "Blackberry" a (yorkie/shitzu) whom she declare the official mascot of Recoveries R US LLC. Connie is a huge ally for the LGBTQ community and is currently working on opening the first LGBTQ Therapeutic Community. She is feature in the "White Shirt Project series, a platform to advocate against the stigma of Mental Health illness.

Connie launched Recoveries R US, LLC in 2013 as a means to provide services to individuals pursuing a career in substance abuse; this includes professionals seeking to enhance their professional portfolios. In addition, Recoveries R US provides an array of services that include the 350 Standardize OASAS Curriculum for the provision of the CASAC T, Recovery Coaching, Peer Advocate, SBIRT MATS/MARS Women's Safety, Wellness & Nutritional Management, Anger Management, Professional Development, Bullying Prevention and coaching services. Connie has dedicated her life to the field of recovery and hopes to carry the message of *CHANGE* through education and mentoring programs.