

## Community-Based Recovery Supports

Bi-Monthly Teleconference

May 31, 2018 – 1:00pm – 3:00pm



**Facilitators:** **NYC:** Stephanie Campbell **Albany:** Allison Weingarten **Rochester:** Van Smith  
**Ogdensburg:** Patti Hogle

**Welcome:** Stephanie Campbell – Executive Director, FOR-NY **1:00 pm**

**Brief Introductions:** (name, recovery role, affiliation, updates) **1:10 pm**

Include any new Community-Based Recovery Supports projects/initiatives in your community

1. Albany
2. New York City
3. Rochester
4. Ogdensburg

### OASAS Updates:

OASAS is excited to be in contract with 11 Clubhouses in 13 different locations and they are in the process of implementing 4 new clubhouses in NYC. OASAS hopes the new youth clubhouses will be up and running by the fall (15 in 17 locations); OASAS has created a Clubhouse evaluator and OASAS is in the process of hiring a Clubhouse coordinator in the next month. With the expansion to NYC, OASAS brought on another state staff person. Programmatically, OASAS is seeing a lot of growth in terms of engaging community and youth. Strong numbers of youth are coming in. OASAS is implementing a 40% minimum evidence based practice in the Youth Clubhouses and they are encouraging peer services. Clubhouses have received 31,000 visits

Susan Brandau is very happy to report that New York State had excellent representation at this year's Recovery Month Annual Event Award Program, including Commissioner Arlene González-Sánchez receiving the Ramstad/Kennedy Award for Outstanding Leadership after being nominated by FOR-NY.

There are currently 14 Recovery Centers operating in 17 locations. OASAS is gathering resources to open a recovery center in Long Island with the support of Fred Hodges.

MariAlice Ryan: OASAS is focusing time working with Peer Engagement Specialists and getting them into hospitals and ERs. PES's have served over 5,000 people (only 20 programs) and have made about 2000 referrals and linkages. Additionally, family support navigators (17 providers with those services) are doing an incredible amount of work; Only seven providers providing hospital diversion and wraparound services have served 1700 individuals. Three 24/7 open access centers were started last year and 10 just came on board (3 centers served 1200 people); Recovery Centers—over 40,000 visits in one year. There is a growing need to hire CRPAs in clinical settings. OASAS has included admission and discharge forms in each of these points of entry which ask “why did you come? Were you referred?” This is very important data to collect.

Julia Fesko- OASAS again has secured \$250,000 for CRPA scholarships which should be active by August; The CRPA training is being re-developed and OASAS is looking to improve readiness, and make sure CRPAs are being trained who can hit the ground running. There is a limited GED waiver process for people with extreme circumstances. Those who think they have extreme circumstances should contact OASAS with questions.

OASAS is excited that many RCOs and Recovery Support Providers have signed up for the Council on Accreditation of Peer Recovery Support Services' RSS Accreditation plus technical assistance process.

**Friends of Recovery NY Updates - Community-Based Recovery Supports** **1:30 pm**

Recovery Conference: Early Bird Special Ends June 1; The conference includes 2.5 days including a fabulous pre-conference, a dance and a dance contest; Keynote speakers include Tony Redhouse (Music Healer) and Chris Grosso (young person who practices Buddhism); Phil Valentine (from CCAR); Andre Johnson (Detroit Recovery Program) The conference also includes a plethora of Workshops; Information about scholarships for peers is coming soon!

YVM-NY Upcoming Events and Updates: Joseph Davis and Constance spoke at a Recovery Talks in Bronx; Working with Youth Clubhouse leaders; Launched Youth Recovery Community Organization in Rochester, YVM is also planning Speakers with Sneakers event; June 30 YVM-NY with Road Recovery is sponsoring Recovery Conference with speaker Andrew McKenna; YVM-NY is also working on Youth Recovery Community Organization Tool kit

### **2018 Recovery Ride Powered by ROcovery Fitness and Exercise Express!**

**1:45 pm**

It's time to RIDE for RECOVERY!! During the meeting, we learned about the 2018 Recovery Ride Powered by ROcovery and Exercise Express. This year ROcovery Fitness and Exercise Express will be riding bicycles from Buffalo to Albany to kick off the 2018 NYS Recovery Conference. Organizers are seeking riders from all over the state to join the movement to spread awareness of recovery and show the state that RECOVERY IS POSSIBLE!

Exercise is a pathway to recovery- and ROcovery Fitness and Exercise Express also see exercise as a means of sharing with the larger community about recovery and reversing the negative perception of people in recovery. ROcovery Fitness has started its first training rides on Sundays to get ready for the big ride which will begin on August 15. The ride will be broken up into sections: Buffalo to Rochester; Rochester to Syracuse; Syracuse to Herkimer and then Herkimer to Albany (4 days). The Recovery Ride is working with Marketing committee for recovery conference, posting videos and segments, putting the process on social media. After a recent training, riders took part in short interviews about how everyone felt after first ride. The recovery ride encourages you to share information about the ride with your RCOs. They also encourage anyone who cannot do the whole ride to join for a few miles. Folks from NYC were interested in linking up to coordinate a statewide ride for folks from downstate. Recovery Ride reps say there are all kinds of possibilities including carpooling to certain area-transportation and ride along with them. This is a great opportunity to link people up from around the state. We hope RCOs will organize to have cheering sections along the ride!

### **Discussion of Campaign to Change Substance Use Disorder Protocol in NYS Emergency Departments 2:15 pm**

FOR-NY is currently working diligently with Recovery Advocates from RCOs around the state to gather input to educate healthcare decision makers about changes needed in the hospital system. We are working with allies in the hospital system and have been reaching out to umbrella organizations that represent Hospital ED personnel and decision makers. In this meeting, leaders in this effort will share what is being done and we will gather input from participants to move the campaign forward.

Sue Martin began the discussion with how this campaign came about—Years ago when Sue wanted treatment as a person in recovery, it worked; for her son, today however, there are not the same resources available; Recently when a person needed services in Schenectady Sue and a team of advocates including Kellie Roe, Rudy Fernandez, Stephanie Campbell, and TK Rabii shared all the resources they could find. By sharing those resources, the young person was able to get the help he needed. Unlike what is often the case of being discharged after 3 hours. We have produced an “ER Survival Guide” led by Jonathan Westfall and Lori Drescher and Rudy attested to the success of this guide. Unfortunately right now we need to fight hospital by hospital, patient by patient. We need something much more universal and this ER Survival Guide is a major help. The question we need to answer is, “How can we effectively change the hearts and minds of the health care workers (Health Care Association of NYS and the Greater NY Hospital Association) ?

A good source to connect with is Delivery System Reform Incentive Payment (DSRIP) Program—which is addressing ER Overdose; we could use DSRIP to get the message out about the guide, we could have a crisis hotline connected to a centralized assessment unit; These are all good examples and we could come up with more with collaboration. Peers are also working with Hospitals in the Capital Region (Jessie Chapman) and Long Island (Elsie). Another good group to connect with is Joint Commission: Accreditation, Health Care, and Certification (JCO). If they put protocols in place that hospitals must follow, then hospitals would have some incentive to put policies and procedures in place to help people with addiction. We need to talk to Physicians to get that buy in—a person to get involved is Linda Greenfield (MariAlice Ryan has contact information). Nurses have addiction treatment options for their members- ‘ if you want to come back and work for us, go get some treatment, then come back to work and they pay back as you can.’ Nurses can be a great ally to reach out to and work with.

**NEXT MEETING: July 26, 2018 1:00-3:00 pm**