

COMMUNITY-BASED RECOVERY SUPPORTS

BI-MONTHLY TELECONFERENCE

January 23, 2020 from 1:00-3:00pm



Facilitators: **NYC:** Rachelle Brown **Middletown:** Caren Schwartz **Albany:** Allison Weingarten
Rochester: Carlee Hulsizer **Long Island:** Elsie Demers **Buffalo:** Tim Bax **Syracuse:** Joan Spector

Welcome: Angelia Smith-Wilson, Executive Director – FOR-NY **1:00 pm**

Brief Introductions: *(name, recovery role, affiliation, updates)* **1:05 pm**

Include any new Community-Based Recovery Supports projects/initiatives in your community; Highlights from Recovery Month!

1. Albany 2. New York City 3. Long Island 4. Nanuet 5. Rochester 6. Buffalo 7. Syracuse

OASAS Updates: **1:15 pm**

- **Julia Fesko**- Peer Employment
 - [Recovery Tax Credits](#)- for for-profit corporations that pay corporate taxes. Can receive \$2000/per person they hire people in recovery. Best to get pre-approved by OASAS. Have had a lot of interest, have received no applications.
 - Working with GRASP to potentially start a group for professionals. Right now, it is for friends, family etc. Looking to do 1-day training and potentially a second training for family members. For the peer side of it, looking to do it during work hours. The trainings would happen April/May.
 - Continue to get justice reports about sexual harassments and relationships between peers, professionals and clients. Be aware of this, an informed workforce is a good workforce.
- **Susan Brandau and Marialice Ryan** – Peer Integration
 - Division of financial services released guidance documents for commercial health insurance plans.
 - Received approval for enhanced peer services reimbursement rate. The rate increased 50%. No details yet, it is currently being worked on. Will be released when it is finalized.
 - Working with center for substance abuse treatment and partnering with Queensborough Community College and provider in Rochester to create curriculum for soft employment skills. Have been able to identify that many peers have not been adequately prepared to work in an ER room, traumatic environment. Pilot training in NYC, somewhere upstate, and will have a train the trainer. Working with some providers to develop orientation protocols. Curriculum will need to be finished by September 30th.
 - Hosting a career fair in Long Island tomorrow 8:30 AM- 12:00 PM. People from OASAS and ASAP will be available to help answer any questions from providers and peer integration. On the spot interviews will be taking place.
 - Watertown forum- community forum on 2/26 about potentially replicating the ROcovery Fitness model. Partnering with Anchor Recovery Center, taking place 1:00- 4:00 PM.
 - Will be running a peer services report survey, will be sent to all out-patient providers.
- **Shyla Dauria** Youth and Family Recovery Support Services
 - Have 25 active CRPA-F trainers, 9 certified CRPA-F's. CRPA-Y parenthesis will be rolled out by the end of the first quarter. Check FOR-NY and ASAP's website for upcoming CRPA-F trainings.
 - Community Reinforcement and Family Training (CRAFT) in NYC on 2/11.
 - Road Recovery is working with clubhouses in NYC for the Trax program.

- Clubhouses in the tribal territories are either up and running or in the process.
- Working with SUNY on Collegiate recovery, funding SUNY Purchase and SUNY Albany right now.
- Will be hosting a webinar for Collegiate Recovery 101.
- Question- what are the qualifications for CRPA-F. See manual attached.
- Question- Is CRAFT billable? Yes, its billed just as any other service with an 822 certification.
- **Lureen McNeil – Recovery Support Services**
 - 2/13 Harm reduction by Joe Turner. Will have faith pathways.
 - Did bail reform training about two weeks ago. And will be doing one training as part of drug court tomorrow. NYC, Albany, Rochester, and Utica.
- **Pat Lincort – Associate Commissioner- Treatment and Recovery Bureau**
 - Peer service increase rate has been approved- 50% increase. Specific information to be released within the week.

Assembly Member Linda Rosenthal/Nicholas Guile

1:45 PM

- At the end of last year, we heard overdose rates had fallen for the first time in over a decade. Response as a govt. must be much stronger. Other areas of the budget get funded in a way that illustrates how not sufficient this area is in funding.
- This year is difficult because there is a budget shortfall, however, we should not receive shortfall in funding.
- Getting to recovery and maintaining it is very difficult. Concerned that there is not MAT available across the state that there needs to be. It is a standard of care now- you cannot only preach abstinence.
- We need MAT in prisons, hospitals.
- Naloxone is not available everywhere that it needs to be.
- Ms. Rosenthal works a lot on MAT in prisons, but it is still only available in a few prisons. The Governor did mention it in his budget but still have not had enough time to review.
- Introduced bill years ago to establish overdose prevention sites, has not moved anywhere, but will be working hard this legislative session to get it moving along. If it works across the globe, why can't it work in the United States.
- Concerned that stigma still exists around addiction and recovery. There is a lot to do, but Ms. Rosenthal is committed to helping advance the mission.
- Legislators respond very well to personal stories. Utilize this during advocacy discussions.
- Can visit the Assembly Member - Room 627 in the LOB in Albany.
- **Question-** police agencies have it against their policy to carry Naloxone. One is Schenectady Police. Ms. Rosenthal was surprised by this, asked Brendan Norton to reach out to her to discuss it further.
- **Question-** Can you push for facilities that treat both mental health and substance use disorder? Yes, absolutely. Please discuss further.
- **Question-** even though the Governor vetoed the MAT prior authorization ban will we still be pushing for it this year? Yes.

NARR Presentation

2:00 pm

Presentation by George Braught, Affiliates chair and Beth Fisher Sanders, Standards Chair and Board Member for the National Alliance for Recovery Residences (NARR)

- What is Recovery Housing? Recovery housing is the safe, healthy, substance free living environment that supports individuals in recovery from addiction. While recovery residences vary widely in structure, all center on peer support and connections to services that promote long-term recovery.
- Five key elements of recovery housing
 1. Housing
 2. People with SUD
 3. Alcohol and illicit drug abstinence-based
 4. Peer recovery support
 5. Operates as a family-like community

- What differentiates recovery residences is how do I live in community and how do I support others? Not only focused on the individual, but community as well.
- If you go to an Oxford House in Washington State, it'll be operated the same in Texas. NARR would consider oxford Houses a Level 1 because of this.
- NARR was founded in 2011, National Standard 3.0 and Code of Ethics for recovery residences.
- Affiliate relationships in 30 states, others are forming. One per state.
- Operating model for statewide recovery housing support systems.
- Pushing for Recovery oriented System of Care and bringing recovery housing to the forefront, not an afterthought.
- Certification of a recovery residence is done locally by a state affiliate. Hope is that by the end of 2020 at least NYS will be "blue" on the map.
- NARR has four levels of recovery residence support. Level 1- peer based. Level 2- structure and some sort of oversight. Level 3- more staffing and structure as far as scheduling. Typically has an alliance with a treatment provider. In some states it is a licensable recovery residence. Level 4- all are clinical, licensed environment. Both 3 and 4 have a rehabilitative environment.
- Federal recognition of NARR- referred to in major papers, legislation etc.
- Testimony before NYS Senate opioid task force this past year. Have been working with operators around the state to network and are willing to adopt the NARR standards.
- NYS Challenges and Opportunities
 - Reduce long wait times/lists for services
 - Participate in an environmental scan to identify recovery housing providers
 - NYS legislation supporting recovery residence certification
 - Network focusing on program...
- Next Steps? Organization meetings and call, First Friday of every month- phone number listed on NARR website, recovery housing track at the Recovery Conference? Contact legislators who sponsored the Sober Living Task Force Bill

Stand Up for Recovery Day Overview – Allison Weingarten and Paulette Doudoukjian

2:20 pm

FOR-NY staff will review logistics for Stand Up for Recovery Day 2020

- Tuesday, February 11, 2020!
- Scheduled 8:00 AM- 3:30 PM
 - Extending networking time this year
 - Program shortened
- Very important to register! You'll receive a name badge for networking and for reporting purposes
- Meet with legislators in the afternoon- contact Allison Weingarten at aweingarten@for-ny.org if you want assistance with this. If you've already scheduled meetings with legislators- please add to the form.
- Budget hearing is February 3
- Marketing Plan- Promotion is important for attendance, this is our day to show to up in numbers. Registration is free, but we really need those numbers to promote it, report to legislators and media. If people can't attend, this is still our way to bring awareness to who we are and what we do.
 - Use #Stand4Recovery2020 when discussing it on social media
 - We have Facebook profile options and cover options to help raise awareness. A marketing guide is also available, if you'd like one contact Paulette at pdoudoukjian@for-ny.org
 - We need you to help promote the event!

Friends of Recovery-NY Updates – Community-Based Recovery Supports:

1:30 pm

Family to Family Recovery Resource Guide update: This tool for families is almost 4 years old. Please help us update and revise it. Send your comments and feedback to adaly@for-ny.org.

3) Best Practice Supervision Model creation: If you have direct knowledge to help us develop a model for agency wellness and best practices in supervising peer professionals please take this [short survey](#).

4) Upcoming FOR-NY Training:

Peer Professional Supervision – the core competencies of Peer Professional Supervisors and best practices for supervision. 12 CRPA/CARC/CASAC/ CPP/CPS re-certification credits -\$200

Next training: January 28 & 29, 2020, 9:00 AM – 4:00 PM,
FOR-DO, Oneonta

To register: <https://app.donorview.com/71n58>

or

February 6 & 7, 2020, 9:00 AM – 4:00 PM,
Hope and Healing Recovery Center, 2 Maple St., Hudson Falls, NY 12829

To register: <https://app.donorview.com/Vlogm>

Our Stories Have Power; Recovery Messaging – Training of Trainers – how to use recovery affirming language. 3
CRPA/CARC/CASAC/ CPP/CPS re-certification credits - \$25

Next training: Wednesday, February 19th, 2020, 1:00 PM – 4:00 PM

(Schoharie Council) Calvary Church 960 Mineral Springs Rd, Cobleskill, NY 12043

To register: <https://app.donorview.com/jWWqg>

Science of Addiction and Recovery – Train the Trainer - speak scientifically about Addiction and Recovery. 6
CRPA/CARC/CASAC/ CPP/CPS re-certification credits - \$50.

Next training: Tuesday, March 24th, 2020, 9:00 AM - 4:00 PM
ADC of Tompkins County - 201 East Green St., Ithaca, NY 14850

To register: <https://app.donorview.com/9ZZD1>

Monday, April 20th, 2020, 9:00 AM – 4:00 PM
CORE Center, 803 West Avenue, Rochester, NY 14611

To register: <https://app.donorview.com/DRR01>

CRAFT Family Support Group Facilitator Training – will be scheduled in Monroe, Saratoga, Suffolk and Richmond counties.

Opioid and Suicide Loss in the Behavioral Health Workplace - updated to include peer professionals, coming soon to Rockland, Genesee, Ontario and Jefferson counties.

NYS Recovery Conference: The date, venue and theme have been chosen.

Owning Our Recovery

October 18-20, 2020

Albany Hilton Hotel

If you have an idea or would like to be on the workshop planning committee please email: tknorr@for-ny.org

Closing and Next Steps

2:55 pm

NEXT MEETING: Thursday, March 19, 2020 from 1:00-3:00