

**FRIENDS OF  
RECOVERY**  
New York

ONE COMMUNITY  
ONE VOICE



# 2022 New York State **RECOVERY CONFERENCE**



## **"WHEN WE ALL RECOVER"**

**HOLISTIC RECOVERY FOR INDIVIDUALS,  
FAMILIES AND COMMUNITIES**



**SCHEDULE AT A GLANCE**

**SUNDAY, OCTOBER 16**

TIME	TRACK 1 Multiple Pathways	TRACK 2 Advocacy, Family and Youth	TRACK 3 Peer Professionals
2:30 - 3:00 PM	Welcome & Opening Remarks: Practice Based Evidence		
3:30 - 3:15 PM	BREAK: Visit Vendor Booths		
3:15 - 4:45 PM	Writing for Recovery: Prose, Poetry & Song	Voices in Recovery: How to Create Affirming & Inclusive Spaces for LGBTQ+ Youth & Adults of Color	The Value of Peer Professionals
4:45 - 6:00	BREAK: Visit Vendor Booths		
6:00 - 8:30 PM	Film Screening & Panel Discussion - Tipping the Pain Scale		



**SCHEDULE AT A GLANCE**

**MONDAY, OCTOBER 17**

<b>TIME</b>	<b>TRACK 1 Multiple Pathways</b>	<b>TRACK 2 Advocacy, Family and Youth</b>	<b>TRACK 3 Peer Professionals</b>
8:00 - 8:30 AM	Movement Workshop: Tai Chi for Recovery		
8:30 - 9:00 AM	BREAK: Visit Vendor Booths		
9:00 - 9:30 AM	Opening Plenary with Commissioner		
9:30 - 10:15 AM	Addiction, Trauma, Race, & Yoga		
10:15 - 10:30 AM	BREAK: Visit Vendor Booths		
10:30 - 11:45 AM	Introduction to Y12SR: The Yoga of 12-Step Recovery	Social Justice Activism as a Pathway of Recovery	Hike Up that Mountain Any Way You Can: Advocating for Multiple Paths While Forging Your Own
11:45 - 12:00 PM	BREAK: Visit Vendor Booths		



# SCHEDULE AT A GLANCE

## MONDAY, OCTOBER 17

TIME	TRACK 1 Multiple Pathways	TRACK 2 Advocacy, Family and Youth	TRACK 3 Peer Professionals
12:00 12:30 PM	<u>Lunch &amp; Learn</u> The Alumni Association of New York State	<u>Lunch &amp; Learn</u> PARSE Recovery Friendly Workplaces	<u>Lunch &amp; Learn</u> Purpose in Recovery: The Role of Professional Development
1:00 - 2:15 PM	#TalkingHelps: Problem Gambling Recovery Journeys Through Podcasting	Rising through Resentment: Changing the Story as We Navigate Painful Trends Associated with Recovery	The Conversation About the Conversation: The Role of Psychological Contract in the Co- creation of Trust, Safety & Inclusion
2:15 - 2:45 PM	BREAK: Visit Vendor Booths		
2:45 - 3:00 PM	Plenary: Harm Reduction Safety Net		



**SCHEDULE AT A GLANCE**

**MONDAY, OCTOBER 17**

<b>TIME</b>	<b>TRACK 1 Multiple Pathways</b>	<b>TRACK 2 Advocacy, Family and Youth</b>	<b>TRACK 3 Peer Professionals</b>
4:00 - 5:15 PM	Spirituality; Lived Experience and Social Determinant	A Story of Hope: Recovery Perspectives & Truths Since Losing My Son Jonathan	Creative Coping: Engagement & Self-care Strategies for Peer Professionals
5:15 - 5:45 PM	BREAK: Visit Vendor Booths		
5:45 - 7:00 PM	Recovery Fine Arts Festivals featuring Award Ceremony & Giveaways		
6:30 - 8:00 pm	Pathway to Wellness through Movement: I Could Never Love Anyone		
7:00 - 8:00 PM	<u>Mutal Aid</u> Y12SR: Yoga of 12-Setp Recovery	<u>Mutal Aid</u> Mindfulness	<u>Mutal Aid</u> Queer Recovery Support
7:00 - 8:00 PM	Annual Families of Loss Meeting: Turning Pain into Purpose		



**SCHEDULE AT A GLANCE**

**TUESDAY, OCTOBER 18**

<b>TIME</b>	<b>TRACK 1 Multiple Pathways</b>	<b>TRACK 2 Advocacy, Family and Youth</b>	<b>TRACK 3 Peer Professionals</b>
8:30 - 9:00 AM	Morning Announcements & More		
9:00 - 10:00 AM	Welcome, Open Remarks & Plenary: SAMSHA Office of Recovery; Yesterday & Today		
10:00 - 10:30 AM	Break: Visit Vendor Booths		
10:30 - 11:45 AM	Examining Hispanic Recovery	Come Home to Yourself: Recovery Beings Within	The Importance of Truma Informed Care for Recovery
11:45 - 12:00 PM	BREAK: Visit Vendor Booths		
12:00 - 12:30 PM	<u>Lunch &amp; Learn</u> BIPOC PEEEEEEK	<u>Lunch &amp; Learn</u> OSASA Recovery Bureau	<u>Lunch &amp; Learn</u> Crisis Stablization Centers
12:30 - 1:30 PM	<u>Lunch &amp; Learn</u> Mind Genomics Empirical Insights: The Right Communication is a Key Part of Recovery	<b><u>More Lunch &amp; Learns TBA</u></b>	



**SCHEDULE AT A GLANCE**

**TUESDAY, OCTOBER 18**

TIME	TRACK 1 Multiple Pathways	TRACK 2 Advocacy, Family and Youth	TRACK 3 Peer Professionals
1:00 - 2:15 pm	Unbuntu; Afrocentric Recovery	Building a Family Peer Support Program: What We Have Learned Along the Way	Are Peers Social Media Influencers? Navigating Public Facing Interactions in a Digital World
2:15 - 2:30 PM	Break: Visit Vendor Booths		
2:30 - 3:15 PM	Music as a Pathway; Addiction & Recovery		
3:15 - 3:30 PM	Closing Remarks		